

# COVID-19 QUARANTINE VS. ISOLATION



## QUARANTINE

keeps someone who was in close contact with someone who has COVID-19 away from others.

Quarantine if you have been in close contact with someone who has COVID-19, unless you are up to date on COVID-19 vaccinations or had confirmed COVID-19 within the last 90 days.

### If you are up to date with COVID-19 vaccinations

- You do NOT need to quarantine unless you have symptoms
- Wear a well-fitting mask around others for 10 days following exposure
- Get tested at least 5 days after your exposure

### If you are not fully up to date on COVID-19 vaccinations

- Stay home and quarantine for at least 5 full days
- Wear a well-fitting mask if you must be around others in your home
- Get tested at least 5 days after your exposure, even if you don't develop symptoms

### If you had confirmed COVID-19 within the past 90 days

- You do NOT need to quarantine unless you develop symptoms



## ISOLATION

keeps someone with confirmed or suspected COVID-19 away from others, even in their own home.

During isolation, stay in a separate room and use a separate bathroom, if possible. Wear a well-fitting mask and improve the ventilation in your home.

### If you tested positive for COVID-19 or have symptoms, regardless of vaccination status

- Stay home for at least 5 days and isolate from others
- Wear a well-fitting mask if you must be around others in your home

### Ending isolation if you had symptoms

- After 5 days and when you are fever-free (without use of fever-reducing medication) and your symptoms are improving

### Ending isolation if you did NOT have symptoms

- After at least 5 days after your positive test

### If you were severely ill with COVID-19

- Isolate for at least 10 days
- Consult your doctor before ending isolation

### Take precautions until day 10

- Wear a well-fitting mask anytime you are around others
- Avoid travel
- Avoid being around people who are at high risk



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)